Co-operate  Attend  Respect  Excel

Parent Suggestions for 2016 Class Placement
This week, all students, except Year 6 students, were given a form for parents to complete and return to school by Wednesday 4 November 2015. The form asks parents to provide vital information to guide decisions about forming classes for next year. Parents are asked to indicate if their children will attend Collingwood Park State School in 2016 and make suggestions regarding the class placement for their children.

If, because of holidays or other reasons, children will not be attending for the first week of the 2016 school year, please indicate this on the form with the contact phone number of someone close to the family. In this way we will be able to keep places for those returning late and verify our enrolment numbers which have a bearing on the number of teachers allocated to our school.

Teachers also make suggestions regarding the formation of classes each year. Not all issues identified by parents and teachers are able to be resolved given the many, sometimes conflicting considerations and somewhat limited capacity to make changes. Therefore having your say does not mean having your way.

As in past years, draft class lists (not necessarily with teacher names) will be displayed from the last Wednesday of the school year, Wednesday 9 December 2015.

Transition to School
A positive start to school will help your child develop a lifelong love of learning. A successful transition to school is more than a great first day. It is your child feeling welcome, safe and confident in their new school environment. This journey begins well before your child starts school and only ends when they feel a sense of belonging.
Principal’s Message Cont....

Schools, early childhood education and care services and families all have a part to play in helping children successfully transition to school. We have started our transition to school program with our very successful Koala Joey program. It is being held every Wednesday morning in the hall, from 9:00-11:00. We have had over 25 children and their parents involved in this program. It will run until 2 December, so come and join in the fun.

**Solid Pathways students**

We have a number of students participating in the Solid Pathways project at our school. These high achieving Indigenous students engage in a variety of activities designed to develop their critical and creative thinking skills, as well as engage in cultural and environmental pursuits. This week, one of these students attended a camp experience at the Stanley River Environmental Education Centre, near Kilcoy, where she participated in teamwork, leadership and goal setting workshops.

**Investing for Success**

Over the last two years, our school’s students and teachers have benefitted from additional funding that has allowed us to develop a variety of programs for students at our school. This year the state government has committed to allocation of this funding with a ‘needs-based’ focus. Earlier this month, principals in every school in the state received a message from the Minister confirming their school’s **Investing for Success** (I4S) initiative funding for 2016 and 2017. Previously, we have used this funding to support such initiatives as:

- More individual attention and support through the employment of additional teacher aides and specialist teachers
- Additional literacy and numeracy initiatives
- Professional development for teachers focused on peer coaching and reading

In 2016, our school will receive **$275,080**. This funding will allow us to make a significant positive difference for our students and teachers. Investing in our kids is an investment in our future.

**New schools to open in 2016**

Minister for Education Kate Jones has announced the names of three new schools under the Queensland Schools Public Private Partnership Project: Bellmere State School, Griffin State School, and Deebing Heights State School.

Bellmere State School will be located in the Caboolture West area, Griffin State School in the Pine Rivers area, and Deebing Heights State School in the Ripley Valley. All three schools will be opened in 2016 for the start of the new school year. Deebing Heights, will cater for Prep to Year 6, and will accommodate 953 students and up to 100 staff.

**Swimming**

Swimming instruction will commence next Monday 2 November. The program consists of 6 swimming lessons over a two week period. Swimming days will be Monday 02/11/2015, Tuesday 03/11/2015, Friday 06/11/2015, Monday 09/11/2015, Tuesday 10/11/2015, and Friday 13/11/2015. As swimming is part of the school curriculum all students are urged to participate. A note went home last week with further information for parents/caregivers.
World Teachers' Day
This year, World Teachers' Day will be celebrated in Queensland this Friday 30 October. Great teaching can have a powerful effect on student performance. Every day, teachers at Collingwood Park State School are making a difference, educating and inspiring the students in our care. World Teachers’ Day is an opportunity to acknowledge and celebrate this contribution. Please take the opportunity to thank your child’s teacher. Certificates of thanks (PDF, 153KB) are also available for students to download.

Up-to-date Parent and Carer Contact Details Essential
We are now into the storm and bushfire season and it is vital we prepare to ensure a safe and secure environment for all students, staff and volunteers. We must ensure emergency contact information for students and staff is accurate, so that in the event of an emergency we are able to contact parents/carers easily. Where an emergency situation arises during a school day, all students who are able to return safely to a supervised home will be asked to do so and the school will advise all parents before students leave the premises. Students unable to return to a supervised home will stay at school under the supervision of school staff until arrangements can be made for parents or caregivers to collect the child from the school grounds. If your emergency contact details have changed, please advise the office immediately.

“We acknowledge the Traditional Custodians of the land on which we work, travel and live. We pay our respects to the Elders, their Ancestors and Future Generations”.

Meridee Cuthill
Principal

Angels Ahoy!
Each year the Year 1 students put on a Christmas play. I would like to make some more angel costumes for future plays and I am looking for more white material. Material could be old white sheets or laces curtains. Anything white will be of great assistance.

If you can assist by donating white material please contact me so that I can arrange pick up.

Thanking you in advance.

Mrs H. (0402 494 401)
Deputy Principal’s Message

Packing a Healthy Lunchbox

Some children love to eat the same food every day for their lunch and resist any change to their routine. However, many get bored and like something different. With the weather warming up, it’s a good time to review lunches and think about ringing the changes. We are very fortunate here at CPSS that all children have access to fridges - generously provided for each class by our P&C. This makes it easy to choose healthy options for lunches, knowing that they will be kept chilled until needed.

Nutrition Australia (www.nutritionaustralia.org) offers the following advice about healthy school lunches:

A healthy lunchbox has four components:

- **A main item**, such as a sandwich/wrap/roll, pasta with vegetables, soup, frittata or sushi.
- **A fruit or vegetable snack**, such as whole fruit, cut up veggie sticks, canned fruit in natural juice, a small salad
- **A second snack based on a core food**, such as reduced fat yoghurt, grainy crackers with reduced fat cheese, plain popcorn, a slice of raisin bread, a wholemeal fruit muffin, a boiled egg or a can of tuna.
- **And a drink**. A bottle of tap water is best, and plain UHT milk is also acceptable.

Healthy lunchbox tips

Use foods from the five core food groups:

- vegetables and legumes/beans
- fruit
- grain (cereal) foods, mostly wholegrain and/or high fibre
- lean meat and poultry, fish, eggs, nuts and seeds*, legumes/beans
- milk, yoghurt, cheese and/or their alternatives, mostly reduced fat

This will ensure that your child is receiving adequate nutrition from various food groups during the day.

Sandwiches, wraps and rolls are common main lunch items for kids. Choose wholemeal or multigrain varieties and include lots of vegetables.

Use a variety of fillings to keep children interested.

Encourage children to drink water throughout the day.

Limit foods with added sugar, added salt and those high in saturated fat.

Example:

<table>
<thead>
<tr>
<th>Food (food group)</th>
<th>Snack</th>
<th>Main item</th>
<th>Drink</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Small high fibre fruit muffin (Grains)</td>
<td>Multigrain bread (Grains)</td>
<td>125mL reduced fat UHT milk, frozen (Dairy)</td>
</tr>
<tr>
<td></td>
<td>Mandarin (Fruit)</td>
<td>Salad filling (Vegetable)</td>
<td>Water bottle</td>
</tr>
<tr>
<td></td>
<td>Mini cheese stick (Dairy)</td>
<td>Tuna in spring water (Meat)</td>
<td></td>
</tr>
</tbody>
</table>
**Lunchbox ideas**
Mix and match the following samples to keep your kids interested in the food you provide:

<table>
<thead>
<tr>
<th>Lunchbox 1</th>
<th>Lunchbox 2</th>
<th>Lunchbox 3</th>
<th>Lunchbox 4</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fruit in season</td>
<td>Wholemeal pikelets</td>
<td>Fruit in season</td>
<td>Fruit in season</td>
</tr>
<tr>
<td>Boiled egg</td>
<td>Frozen UHT reduced fat milk 125mL</td>
<td>Egg, lettuce, tomato, cheese multigrain sandwich</td>
<td>Vegetable pack</td>
</tr>
<tr>
<td>Vegetables with natural yoghurt</td>
<td>Vegetarian pizza or a sandwich</td>
<td>Vegetable sticks</td>
<td>Bread roll filled with vegetables, cheese and a slice of lean roast beef</td>
</tr>
<tr>
<td>Pita bread, filled with salad vegetables or tabouli</td>
<td>Vegetable pack</td>
<td>Slice of fruit bread</td>
<td>Reduced fat yoghurt</td>
</tr>
<tr>
<td>and lean rissoles</td>
<td>Fruit salad</td>
<td>Dried fruit</td>
<td>Grapes</td>
</tr>
<tr>
<td>Water</td>
<td>Reduced fat yoghurt</td>
<td>Frozen UHT reduced fat milk 125mL</td>
<td>Water</td>
</tr>
</tbody>
</table>

*Nuts and Seeds:*
We cannot guarantee a nut-free environment at our school. However, due to student allergies we would request that parents do not pack nuts in lunches.

**Jill Rutland**  
Deputy Principal

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**School Dental News**

The School Dental Service is currently at the Collingwood Park School Dental Clinic in Term 3. Medical/Dental consent forms have been issued to all students. If your child has not received or returned a consent form, or has not been seen by our service and you would like your child seen, please collect a consent form from the Collingwood Park School Dental Clinic.

We welcome children who have received a child dental benefit schedule letter (CDBS). Under CDBS each eligible child aged 2-17 years are able to access $1,000 of dental treatment over 2 years.

All dental treatment will be bulk billed for your convenience.

If eligible, please bring your medicare card and CDBS letter to the initial appointment.
Online Ordering
If you are ordering tuckshop online please make sure your student/s class are correct.

If you can assist at tuckshop, please give us a call as we would really appreciate your help.

Should you have a problem or cannot make your rostered day, please give the tuckshop a call with as much notice as possible.

Dianne:  (07) 3818 0687
Mobile:  0403 945 014
Tuckshop:  (07) 3381 4335

PLEASE NOTE:  Prep students can now order tuckshop but they CAN NOT purchase ice-blocks.

Tuckshop arrangements on swimming days.
Students in Years 3 & 4 who are attending swimming may only order tuckshop for 2nd lunch on swimming days.

Students in Year 2 who are attending swimming may only order tuckshop for 1st lunch on swimming days.

TERM 4

<table>
<thead>
<tr>
<th>Monday 2/11/15</th>
<th>Michelle Handyside</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tuesday 3/11/15</td>
<td>Courtney Flynn</td>
</tr>
<tr>
<td>Wednesday 4/11/15</td>
<td>Doreen Clement / HELP NEEDED</td>
</tr>
<tr>
<td>Thursday 5/11/15</td>
<td>Carol David / Michelle Handyside</td>
</tr>
<tr>
<td>Friday 6/11/15</td>
<td>Doreen Clement / Courtney Flynn</td>
</tr>
<tr>
<td>Monday 9/11/15</td>
<td></td>
</tr>
<tr>
<td>Tuesday 10/11/15</td>
<td></td>
</tr>
<tr>
<td>Wednesday 11/11/15</td>
<td></td>
</tr>
<tr>
<td>Thursday 12/11/15</td>
<td></td>
</tr>
<tr>
<td>Friday 13/11/15</td>
<td></td>
</tr>
</tbody>
</table>

HAST Walk/Ride To School Update

Thank you to everyone who entered their artwork on ’Road safety’. While our school did not win any of the big prizes, we have quite a few people whose artwork was chosen to be included in the annual HAST calendar. Every student will receive a calendar at a later stage.

Congratulations to the following students for being selected:
Connor Holmes 1A, Sydney-Lee Lowe 1D, Crystal Swart 2B, Jorja Robbins 4A, Bianca Sunley 5D, Istella Kenyi 6B

Last Walk/Ride to School Day this year - Don’t miss it!

When:  Wednesday, November 11, 2015 (Week 6)
Meet before 8am for an 8am start
Where:  Meet at Banjo Paterson Park

Breakfast:  OF COURSE 😊

See you there
Angela Schabrod
**Collingwood Park SS Uniform Code – Shoes**

Students are required to wear enclosed plain black shoes, with black laces (Velcro is also acceptable), suitable for all activities (joggers are encouraged) and ankle length white socks which are clearly visible above the shoe line at all times, unless directed by the teacher for a specific activity. There is to be no visible colour on the shoe or on the outside edge of the soles.

When choosing footwear for children, it is important to take into account the effects it may have on the healthy development of their foot structure. Unlike adults, their bones have not fully developed in their feet. This does not usually occur until they are well into high school. Poorly selected footwear can have a permanent effect on their development which can lead to lifelong negative conditions.

Please ensure when selecting shoes for primary school children that they are suitable for lunchtime and physical education activities. This will allow your child to comfortably and safely join in the activities.
Collingwood Park State School
P&C Association
Outside School Hours Care

Hours of Operation

Before School Care 6:00am – 8:30am
After School Care 3:00pm – 6:00pm
Vacation Care 6:00am – 6:00pm

Phone: 3381 4317
E-mail: cpss-oshc@outlook.com

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Ipswich Force

5 yrs & Under
Learn To Play - Boys & Girls

$5 per child per session
Saturdays 11am – 12noon
Term 4 program: Commences Sat 10th October

For more information phone: 073 282 4328.
Visit IPSWICH FORCE: www.ipforce.com.au
BOOKLISTS 2016

Once again it is time for us to start getting prepared for Back To School in 2016.

With this in mind I would like to offer some suggestions that may benefit your family, the school and us at Redbank News.

The main thing is early orders, this has many advantages. I receive one opportunity before Christmas to make an order with my wholesaler. This order receives a rebate that is based on value and issued via us to the school. This has been done for the last two years, however it could be tripled if all orders came via the school. We do not penalize the parents as we still only ask for $20 deposit and final payment can be when you elect to collect your child's box. Upon final payment of all orders placed at school will receive an additional deduction of 5%. We do understand the cost of Christmas and child care over the holiday period. The next advantage is the first order from the warehouse is almost guaranteed that it will have all the required items. My second and subsequent orders although still at the same price are in most cases up to 40% short on required items and do not receive the school rebate.

If the early ordering still does not suit your needs we are still most happy to accept your order at our shop at 59 Brisbane Rd Redbank. We still ask for the deposit of $20 and collection times will be agreed.

Finally all boxes are packed off site and filling orders at shop is impossible. Please note no order is too small.

THANKYOU FROM REDBANK NEWS

HAVE A GREAT END TO THE YEAR

GREAT HOLIDAYS & XMAS

AND

A GREAT BACK TO SCHOOL 2016
Enrolment Days
BUNDAMBA STATE SECONDARY COLLEGE
TRANSITION DAY
Tuesday 1 December 2015
8:45am - 2:50pm
15a Naomai Street, Bundamba

Students must:
- Be enrolled
- Wear primary school uniform
- Bring a hat, water bottle & snack
- Sausage Sizzle & Zooper Dooper provided

Be dropped/collected at the School Hall (Top of Naomai St)

Enrolment interviews available by booking an appointment on 38166333
Enrolment Packs (must be completed for interview, available at the front office):

Contact: Mrs Ona - 38166333

We’re on the Web........
www.collparkss.eq.edu.au