Principal’s Message:

As we begin to approach the end of the 2016 school calendar, it is important to recognise the great work that has been happening in our school over the year and the achievements of both teachers and students. One of the ways we are able to celebrate, is through the creation of the CPSS Yearbook 2016. Mrs Mel Smith and her wonderful Media Club members have been busy putting our 2016 Yearbook together, with photos from each of our classes. It is a massive undertaking, which results in a wonderful keepsake for all of our families and students. Make sure you send in your order for this great memento of 2016.

This Friday we celebrate World Teachers’ Day — a great opportunity to acknowledge and thank our teachers for the contributions they make every day to our school communities.
Celebrate Grandparents Day this Sunday to thank grandparents for their love and support. This year, Grandparents Day will be celebrated in Queensland with the theme ‘Discover your grandparents’ stories — their history is your history’. The theme aims to highlight the important role that grandparents play in our society through sharing their wisdom, skills and experience. Invitations have gone home with your children, to ask a grandparent or special person (not a parent) to come along on Friday 4 November to help us say thank you to them.

Our Koala Joeys program has been a great success (we have the most children attending a program in the Ipswich area). The program is specifically designed to build the literacy and numeracy skills of our pre-prep students and their parents. Judging from the photos, it has been a lot of fun!! Koala Joeys happens each Wednesday 9:30 -11:00am in our hall.

Don’t forget to support our fantastic choirs and bands at this year’s Jacaranda Festival! Our choirs will perform this Friday evening under the expert direction of our music teacher, Mrs Claire Hornagold. The CPSS Senior Concert Band will perform on Saturday 29 October in the annual Jacaranda Festival Primary School Band competition. The event will be held this Saturday at Evan Marginson Park, Goodna. We wish our team well as they compete against other local schools under the direction of our instrumental music teacher – Mr Scott Bignell, with assistance from Miss Polomski. Good luck students.

Meridee Cuthill
Principal

“We acknowledge the Traditional Custodians of the land on which we work, travel and live. We pay our respects to the Elders, their Ancestors and Future Generations”.

2017 Student Leadership - Selection Process

In last week’s newsletter, I explained the first step in the process of selecting our 2017 student leaders. We are now at the second stage of the process.

As mentioned previously, only those Year 5 students who had achieved a gold Care award in Terms 1, 2 and 3 were eligible for consideration. Thirty nine (39) Year 5 students were deemed eligible to apply to be a student leader. Thirty one (31) of those students chose to complete an application form for student leadership. N.B. Each student had to indicate on his/her form preferences for student leadership positions.

Staff will now meet this week to shortlist school captain candidates. The names of these successful candidates will be announced on next week’s Wednesday assembly and will also be listed in next week’s school newsletter.  Mrs Harrington  Student Leader Co-ordinator
Deputy Principal’s Message

Digital Technologies

Last week, I shared information about our recent Staff Professional Development Day when teaching staff enthusiastically explored and unpacked the new Australian Curriculum subject of Digital Technologies.

Since then, we have received an OSMO kit which includes games and activities using an iPad interactively. Children in the lower grades will soon enjoy trialling the new games which support work in Spelling, Number, Shape, Coding along with designing and making interactive stories. Many thanks to Vicki Allen for your generous donation.

No Packet November

Another great Queensland initiative, “No Packet November” is about to start. No Packet November encourages families to swap some or all of the processed, packaged foods in their lunch boxes for healthier fresh, “real” food. Kate Coleman, creator of No Packet November, spoke recently on 9News about encouraging children to take ownership of their food choices and suggested starting out by swapping just one packaged food item with some fresh fruit, vegetables or home-baking. The Mad Food Science Program at CPSS (back in May) and subsequent newsletter additions from Bel Smith of The Root Cause, provide lots of ideas for easy to prepare healthy options.

However, the health benefits of eating less processed food are only one part of the thinking behind No Packet November. 9News reports that, every year, 70kg of plastic is produced per person in Australia alone. Food packaging accounts for a significant portion of this, so cutting back ensures that less ends up as unsightly litter in our local environment, or worse still, in our oceans where it endangers marine life.

If you are interested in taking part in No Packet November, you can check out their website by following the link below www.nopacketnovember.com. Remember to also check out the latest lunchbox tips supplied by Bel Smith of the Root Cause later in this newsletter.

Jill Rutland
Deputy Principal
Hassle-Free Healthy Lunch Box Tips with Belinda Smith.

Research into lunch box studies show one of the barriers parents identify to packing fresh food is how do they keep food safe during the day since most schools do not have fridges for the students. Today, we look at 3 important food safety tips you can use to help keep food fresh and safe.

1. **Insulated Lunch Bag**
   Insulated lunch bags are a first line defence for keeping food fresh and safe. You can also pop the bag in the fridge overnight so it starts the day cold in the school bag.

2. **Ice Bricks or Frozen drinks**
   Ice bricks are a great way to keep food cold, fresh and safe. When you add them to an insulated lunch bag, you have 2 layers of defence for keeping food safe.
   Another tip is to freeze a small drink bottle and use it as an ice brick. The added bonus is your child will have super cold water to drink throughout the day.

3. **Freeze or refrigerate foods**
   You can prepare many lunch box foods in advance and keep them in the fridge or freezer. Then pop them straight into the lunch box and they'll be safe to eat at room temperature.

**Ideas**
Choose lunch boxes, containers, drink bottles and other lunch bags which are BPA Free.
Visit [http://rootcau.se/1m](http://rootcau.se/1m) for a product review of So Young Insulated Lunch Bag

These Hassle Free Healthy Lunch Box Tips are brought to you by Bel Smith, Health & Wellness Coach. For more lunch box inspiration and a FREE eBook, subscribe via email at therootcause.com.au.

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Step 2—Find solutions and try them out

Once you have a better sense of what the problem is, you may like to generate some solutions with your child. Brainstorming two or three solutions is a good place to start as any more may seem overwhelming for a young child. They may not yet be able to generate their own solutions, but you can encourage their thinking with questions such as “what do you think you/we could do?” With practice and support from others, your child will gradually be able to come up with more of their own solutions. However, you may need to make some suggestions in the beginning.

Once you and your child have identified some options, you can decide together which one to try first. Work out a plan for how they will try out their solution. Do they need support from you, another child or a teacher? When will they get a chance to try it out? (e.g. at home or in the school playground.)

Step 3—Check in, How did it go?

Once your child has tried the solution, check in with your child as soon as possible. Did it work? If not, why not? What could your child try next? Remember to give your child lots of support and encouragement if the solution didn’t work out. Sometimes we have the right solution, but need to practise it many times. Other times, we may need to return to step one to see if the issue was correctly identified.

Next week: You can help to support your child’s problem solving skills.
If you would like to advertise your business in the 2016 student yearbook, or if your family would like to sponsor a page, please contact Mel Smith on 3381 4333 or return this portion of the newsletter to the office.

If you know of a business that might be interested, please let them know.

☐ YES, I am interested in advertising in the yearbook or sponsoring a page.

☐ I would like someone to phone me to discuss my options.

NAME: ___________________________ Phone: ___________________________
English language support in Queensland state schools

If your child speaks a language other than English at home, they may receive support if their English skillset in listening, speaking, reading, and writing is insufficient to effectively participate in all aspects of their year level curriculum. This support is managed by the English as an Additional Language or Dialect (EAL/D) teacher and is provided by TA’s and teachers. The EAL/D teacher also works with the EAL/D students. The following links provide information in 20 languages on this school-based support as well as ways you can help your child at home.

**Fact sheet 1:** Essential information regarding English support in Queensland state schools

**Fact sheet 2:** Additional information regarding supporting their child's English language development

One of the key messages in these documents is the importance of maintaining first language and culture. The goal for your child is bilingualism and biculturalism rather than replacement of first language and culture with English.

First language maintenance throughout your child’s English learning is very important. Language plays a vital role in the development of concepts as they relate to chronological age. If first language is discontinued whilst adopting English, conceptual development may be severely disrupted, as there will be a period of lag until English proficiency is achieved. Therefore, a student who experiences the depth and richness of their first language in its full range of communicative functions will have considerable linguistic and conceptual advantage over one who experiences either a total replacement of the first language with English or a limited range in both languages. As learning consists of building on existing competencies, acquisition of the first language is both acknowledged and encouraged throughout the learning process.

At Collingwood Park we value cultural diversity. The active maintenance of your cultural ‘norms’ and values at home, in the community and at your place of worship etc provides your child with an ongoing reference point from which Australian culture can be learnt. In this way, your child develops a bicultural identity. As educators we want to understand your cultural backgrounds.

Our goal at CPSS is to provide inclusive learning experiences which reflect your child’s cultural identity and experiences. This way we can build intercultural understanding. Please offer to share aspects of your culture with the school community e.g., Harmony Day March 21st.

If you have any questions about EAL/D support please contact Kay McNamara (EAL/D teacher) by email at kmcna15@eq.edu.au

**More information can be found online at [http://education.qld.gov.au/schools/inclusive/english-language-support.html](http://education.qld.gov.au/schools/inclusive/english-language-support.html) and this information can be downloaded in 20 languages.**
NEXT MEETING:
8th of November
7.00 pm in the library

CPSS P&C Association News!!

Email us: cpss-pnc-admin@bigpond.com

Sub Committees
- Volunteers Welcome -

Events Committee - meeting date TBC
Please join us to plan upcoming events 😊
Email: cpss-pnc-admin@bigpond.com

OSHC Committee – meets every 1st Friday of the month
at 1630 @ OSHC – Next meeting – 4th of November

P&C Meeting – 8th of November in the Library 7.00 pm
ALL WELCOME

Fundraising taking place by the P&C

Upcoming Events

NEON DISCO! All year levels
Friday 25th November 6pm - 8pm
Entry $3 Entry & Meal Deal $8

Carols by Torchlight
6th of December 2016
4.00PM - 8.00PM
$25 armbands available now!
RIDES / FOOD / ENTERTAINMENT

OSHC
Coordinator - Rebekah Goodie
Phone - (07) 3381 4317
Mobile Number - TBA
Email - cpss-oshc@outlook.com

We are open Monday to Friday
6 am – 6 pm
Please book in advance to avoid Disappointment!!

NEXT MEETING:
8th of November
7.00 pm in the library

Collingwood Park State School
Collingwood Park
State School

Pathway to Knowledge

Burrel Street
COLLINGWOOD PARK
QLD 4301

Postal Address:
P O Box 75
Redbank, QLD 4301

Phone: 07 3381 4333
Fax: 07 3381 4300
E-mail:
admin@collparkss.eq.edu.au

STUDENT ABSENCES
PH: 3381 4333

SCHOOL BANKING IS ON FRIDAY

Banking is in the school hall,
from 8.00am to 8.30am.

Is your child absent today?
Let us know for free!

We’re on the Web........
www.collparkss.eq.edu.au
https://www.facebook.com/CollingwoodParkSS/