**Principal’s Message:**

**Reporting**
Student academic report cards will be sent home on Thursday 23 June, a day later than originally planned. This will enable us to include up to date attendance and behaviour reports and awards. Parent teacher interviews will be held on the evenings of Tuesday 26 July and Wednesday 27 July (Term 3, Week 3) from 3:30-8:00pm, in the hall. I would encourage all parents to take this great opportunity to discuss their child/ren’s progress.

In Semester 2, we will also be emailing student academic report cards to parents, as well as providing a paper copy.

Invitations to Rewards Day activities will be sent home early next week to all students currently on track for Gold, Silver, Bronze or Improvement Awards. To attend the Rewards Day events, invited students will need to maintain high standards of behaviour until the end of term. Term 2 CARE Bands will also be given out at the end of Term 2 for those Gold Award recipients.

**Raw Art**
Last week, we had Raw Art provide an in-school program to our Year 5 and 6 students. Students were engaged in a range of age-appropriate, fun, educational, hands-on art activities, which ran for about 90 minutes each group. Each workshop gave students the opportunity to learn an art process or technique, while working at completing an art work. Their creations were fantastic. You will have an opportunity to view them at the Art Show next term.

**Reading to Learn**
Our teachers in Years 1 and 4, our Master Teacher, Sally Everton, as well as myself, will continue with our training in this highly successful way of teaching reading and writing, this week. There will be two more days of training for the Prep, Year 1 and 4 teachers next term.

**Planning Sessions**
Staff attended a twilight session this evening, finishing at 5:30pm. Staff were lead through the process of unpacking the Australian Curriculum in English and planning for next term.
Staff on Leave
Amanda Mulcahy, our Head of Curriculum is on long service leave until next Thursday. No replacement.
Elaine Falconer, 6A Class Teacher will be on long service leave for the last week of this term, and the first week of next term. She will be replaced by Dylan House.
Karen Mackellar, Special Education Teacher, will be on long service leave for the last week of this term. She will be replaced by Katrina Bleier.
Jill Rutland, Deputy Principal, will be on leave for the last two days of this term, to travel to England with her family. She will return for the start of school next term.

Modular 1 and 2
If you have been walking through our school grounds, you may have noticed that Modular 2 (up near the oval) has been removed. The next building to be removed will be Modular 1. We are just waiting for the refurbishment of Modular 5 to be complete and have accreditation from Department of Early Childhood and Communities, for Outside School Hours Care to move in. New landscaping of the outdoor learning area should be completed over the holidays.

Same Day Absence Notification 2017
The safety and wellbeing of students are the highest priorities for the department. From the beginning of 2017, state schools will be required to notify parents on the same day a student is absent from school without explanation.

Schools can choose the approach to same day notification that best suits the local community. This may include text or email messages, phone calls or home visits. It is also recognised that for any notification process to be effective, parents will need to ensure the school has current contact details.

To support schools to implement this change, a one-off grant of $4,235 will be paid to each school. Schools can use the grant to purchase a new automated same day notification system, or for ongoing SMS costs, or to support alternative resources to implement the policy (e.g. administrative staff time, which is how we currently notify parents).

World Cleaners Day
This Wednesday, we celebrate the wonderful work of our school cleaners. We have a fantastic team of cleaners at our school – our permanent cleaners are Colleen Kaatz (who incidentally is an Order of Australia recipient for her work to the community), Barry Sanday (also a parent at our school), Luke MacKenzie (also a parent at our school), Jane Thomas (a grandparent of our school).

Sports Days
Next Monday and Friday will be our Sports Athletics Carnivals for our students in Years 4-6. A program will be available on our website/Facebook page. All families are invited to attend on Friday 24th June starting at 9.10am. Students are to wear their house colours and shoes. Whilst we have the wonderful shade structures, students are reminded to also slip, slop, slap and bring a water bottle. Sunscreen will be available on the oval. A canteen will be available outside the Sports Shed. On Wednesday 22 June, we will be running our annual Pitch to Post event for students in Prep to Year 3.

Music Camp
We have a number of our talented students attending a Music Camp at Woodlinks State School next week.

Rewards Day Term 2
What? Movie and Popcorn – Movie to be determined, popcorn provided.
When? Seniors – Thursday, June 23rd; Juniors – Friday, June 24th
Who? Gold, Silver, Bronze and Improvement Award recipients
Sport Gala Days
Our netball girls demonstrated fabulous sportsmanship both on and off the courts. Our Junior B girls were runners up in the grand final against St Augustine's College.

Junior B Netball Team:
Rakaya Hordern, Anastasia Samanovic, Macey McGowan, Charlize Halamoana, Alison Holmes, Taya Smith, Rhiannan Murphy and Sadiqua Allami.

Great Sportsmanship
All of our netball girls demonstrated fabulous sportsmanship both on and off the courts.

Soccer
The soccer girls participated splendidly. They didn’t win, but all divisions were VERY close and three of the teams were runners up. Well done.

Religious Instruction
Again we have a great team of volunteers for our successful RI programme who come to the school with the support of pastors from 14 local Churches

YR 1 and RI Coordinator: Christine Hodgkinson
YR 2 Lynn Anstey/Rita Kennedy
YR 3 James Barlow
YR 4 Kirsten Anstey
YR 5 Andy Brodersen
YR 6 Paul Hodgkinson

Often the topics we cover compliment other programmes which the school has in place. Just
recently we were discussing with the children how the little guy [David] stood up to the big bully [Goliath] – and won! Values of truth, bravery, goodness and right will always prevail.

Thanks to the school staff for their wonderful support and to you, parents and guardians, the RI programme is making a significant contribution to this school.

Meridee Cuthill
Principal

Deputy Principal’s Message

Improving Children’s Health – one lunchbox at a time

Tuck Shop Taste Testers

I’ve been very impressed by the number of students wanting to join our Tuck Shop Taste Test Panel and have received lots of applications. If your child hasn’t yet applied it’s not too late. Spare application forms are available in the office and must be completed and returned to my pigeon hole in the office by Friday 17th June. Successful applicants will be informed on Monday and the first taste test session will take place next Tuesday afternoon.

Preference will be given to children who meet the following criteria:

- Regularly use the tuck shop
- Excellent attendance record
- Interested in trying new foods
- Willing to give feedback to other students about the new tuckshop options – this may include speaking in class or assembly or writing for the school newsletter.

Lunchbox ideas

With the holidays approaching, you may like to try out a few new lunch box recipes with your children ready for Term 3. You will find part 3 of Belinda Smith’s lunch box tips in this newsletter – with suggestions about how to mix Red and Green Vegetables and Fruit. There’s also a link to a great meatball recipe you might like to check out.

If you prefer dips with your vegetables, you might like to try making your own Hummus. It’s very quick and easy to make, and much cheaper and healthier than the tubs you can buy at the supermarket.
**Hummus**

**Ingredients:**
- 1 450g can of chick peas, drained and rinsed
- 4 tablespoons of tahini
  (sesame seed paste – available in jars in supermarkets)
- Juice of 1 lemon
- 6 tablespoons of olive oil
- 3-4 cloves of garlic, crushed
- Salt to taste

Whiz up the ingredients in a food processor or blender adding more oil or water to loosen the mixture if it’s too thick. That’s it!

For packed lunches, put the hummus into small screw top tubs - perfect for dipping carrot and celery sticks into. Alternatively, try it in sandwiches or experiment by adding some other ingredients - sun-dried tomatoes or chopped olives are great for an alternative taste. Once you’ve made this a couple of times you’ll adjust to your own tastes – Less lemon? More garlic? More salt?

If you have a favourite family lunchbox recipe, please e-mail it to jrut15@eq.edu.au. I’ll share your recipes in the newsletter.

**Jill Rutland**

Deputy Principal

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**14th Annual Ipswich Poetry Feast**

**International Poetry Writing Competition**

“No theme or word limit”

**Opening Date:** Sunday 17 April 2016

**Closing Date:** Friday 29 July 2016

**Entry Fee:** Free for School Age categories

$7,500 in cash and prizes to be won.

<table>
<thead>
<tr>
<th>Categories</th>
<th>1st Prize</th>
<th>2nd Prize</th>
<th>3rd Prize</th>
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<tr>
<td>Primary School 5 - 7 years</td>
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<td>$30</td>
<td>$20</td>
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<tr>
<td>Primary School 8 - 10 years</td>
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<td>$40</td>
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<tr>
<td>Primary School 11 - 13 years</td>
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<td>Secondary School 14 - 15 years</td>
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<tr>
<td>Secondary School 16 - 17 years</td>
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<tr>
<td>Chairperson’s Encouragement Award</td>
<td>$50</td>
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<tr>
<td>Ipswich Theme Awards</td>
<td>5-13 years - $50</td>
<td>14-17 years - $100</td>
<td></td>
</tr>
<tr>
<td>Highly Commended</td>
<td>5-13 years - $10</td>
<td>14-17 years - $15</td>
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</table>
Three Perfect Ways To Mix Red And Green!

Hassle-Free Healthy Lunch Box Tips with Belinda Smith.

The secret to getting lunch box food eaten is to make it colourful. You don’t need bright packets for this. Mother Nature provides the best unpackaged. Here’s 3 Ways to mix red and green together!

1. **Bowls, Kebabs or Whole**
   - Mix green fruits with red fruits in a bowl or skewer them. Apply the same logic with your vegetables. You can even mix your fruits with your vegetables. Alternatively, you could include whole red and green fruits or vegetables.

2. **Use them in a recipe**
   - Mix the colours in a recipe. You can slice, dice, grate or mash them.

3. **Turn them into a Smoothie**
   - Smoothies are a great way to mix red and green fruits and vegetables. You can freeze these the night before and they’ll be ready to drink / slurp by recess.

**Ideas**
- Strawberry and Kiwi Fruit Kebabs
- Red Apple and Cucumber Salad
- Edamame and Cheery Tomatoes
- Watermelon, Kiwi Fruit, Green Pear & Strawberry bowl
- Avocado and Tomato Salad
- Mini Meat Balls with hidden carrot, tomato and zucchini
- Berry and Spinach Smoothie
- Fruit Sushi

These Hassle Free Healthy Lunch Box Tips are brought to you by Bel Smith, Health & Wellness Coach. For more lunch box inspiration and a FREE eBook, subscribe via email at [therootcause.com.au](http://therootcause.com.au).


The reading period for Prep - Year 6 students is Tuesday, 19 May – Friday, 26 August. Individual reading record sheets can be collected from your class teacher or from Mrs Harrington, the Premier’s Reading Challenge co-ordinator. Students who successfully complete the challenge have their efforts recognised with a Certificate of Achievement signed by the Premier of Queensland.

**STUDENT REQUIREMENTS**

For a student to successfully complete the Premier’s Reading Challenge they must **read** or **experience** the number of books indicated in the table below then complete the Reading Record sheet.

**N.B.** Experiencing a book (Prep – Year 2) can include classroom or at home activities such as shared reading, listening and reading along with a book, or being read to.

Students are encouraged to **select a range of fiction and non-fiction books suited to their reading ability**. Books selected can be from the class room, school or council library or from your own home library.

<table>
<thead>
<tr>
<th>Year level</th>
<th>Number of books</th>
</tr>
</thead>
<tbody>
<tr>
<td>Prep - Year 2</td>
<td>Read or experience 20 books</td>
</tr>
<tr>
<td></td>
<td><strong>N.B. Home Readers are not to be used</strong></td>
</tr>
<tr>
<td>Years 3 - 4</td>
<td>Read 20 books</td>
</tr>
<tr>
<td>Years 5 - 9</td>
<td>Read 15 books</td>
</tr>
</tbody>
</table>

The requirement for Year 5 and 6 students to read 15 books rather than 20 books acknowledges that older students are likely to select longer, more complex books that may take them longer to read.

**Glenys Harrington**
Premier’s Reading Challenge co-ordinator.

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**2016 Yearbook Advertising**

If you would like to advertise your business in the 2016 student yearbook, or if your family would like to sponsor a page, please contact Mel Smith on 3381 4333 or return this portion of the newsletter to the office.

If you know of a business that might be interested, please let them know.

- [ ] YES, I am interested in advertising in the yearbook or sponsoring a page.
- [ ] I would like someone to phone me to discuss my options.

NAME: ______________________________________ Phone: _______________________
Our music concert is on this Thursday afternoon 16 June, at 2pm in the hall. All of the school’s music groups will be performing – Piccolo Choir, Passionato Choir, Junior Band and Senior Band. This concert will be a dress rehearsal for the Art Showcase which is early in Term 3. Parents and friends are very welcome to attend, and some classes will be there to support their peers – the performers would love as big an audience as possible! It is expected the concert will finish by 2:45.

The Ipswich East Music Workshops will be held in Week 11 of this term at WoodLinks State School. Collingwood Park students will combine with students from surrounding schools to play in a massed band, meet other band students and work with different conductors. The Beginner workshop is on Mon 20 June & Tue 21 June from 9:15-2:45, with a 2pm concert on the Tuesday. The Advanced workshop is on Wed 22 June & Thu 23 June from 8:40-2:40, with a 2pm concert on the Thursday. Participating students need to pay $45 to the office as soon as possible. The concerts are free for all to attend. If you need a note or have any questions, please see Mr Scott Bignell on Tuesdays and Thursdays, or email him at sbign6@eq.edu.au.

Yours in music,
Mrs Hornagold and Mr Bignell
Friday 17th June
Enclosed shoes to be worn with appropriate choice of clothing

Please give gold coin to your teacher.
Prize for the class that raises the most money

Proudly presented by
Collingwood Park State School P and C Committee

With a high volume of vehicles competing for limited drop off and pick up areas, many school zones experience illegal parking behaviours associated with congestion. Going against the road rules in school zones puts all children at risk.

Five tips for safer school zones:
1. If you have time to get to school early, consider parking a short distance away and walking. This is a great way to avoid traffic congestion and you will also benefit from being active.
2. Always observe parking signs and speed limits in and around school zones. They are designed to keep your child safe.
3. Talk about parking signs, traffic lights and school crossings with your child. Identify and discuss places where it’s safe to get in and out of the car and cross the road.
4. Teach your child to cross the road where there are traffic control lights or a designated pedestrian crossing, where generally there is a crossing guard supervising traffic.
5. Consider public transport or other school travel methods such as walking or riding to school. If we can reduce the number of private vehicles on the road during peak periods, travel by bus, bike, or foot will be an attractive alternative for most people.

Loading Zones - if we work together, they will work!
- At drop off times, students should be ready to get out of the car and if possible have their school bag with them in the car to avoid needing to open the boot and potentially place the student between your vehicle and another vehicle.
- At pick up times, if your child is not ready at the loading zone, DO NOT PARK. Keep the process flowing and move to a parking area nearby or simply leave the loading area and come back in a few minutes.
- Loading Zones are designed to keep things flowing. You cannot stay in a loading zone for any longer than 2 minutes (only 120 seconds) if you are picking up or dropping off passengers. If everyone obeys this law, everything will work so much better. You are not permitted to park in a loading zone and leave your vehicle.
- Move forward to the front of the line if possible.

Ipswich City Council will be actively patrolling your school zones in partnership with the Queensland Police from the start of the 2016 school term to ensure people park safely and legally. For more information, please visit www.ipswich.qld.gov.au/schoolparking
Self-talk is what an individual says to him or herself in their mind. This can either be useful, ineffectual and in some cases, detrimental. If people have had a lifetime of negative self-talk, it can be a major contributor to lowering self esteem and confidence. This is why it is important that children learn positive thinking and self-talk from an early age.

FUN FRIENDS teaches children about this self-talk, and that the messages we say to ourselves are really important. The key point is that it is possible to slow down and listen to what we are saying to ourselves in our head. Once a child understands what a thought is, he or she can begin to differentiate between red and green thoughts. Red and green thinking are introduced with traffic lights:

In Fun FRIENDS, children learn to start to notice their red thoughts and try to turn them into green thoughts, or to simply ignore them and let them go. The program gives children lots of green thoughts to practice in any situation, e.g. “I can do it! I can try my best. I can ask for help. I can be brave.”

**Red thoughts** STOP us from feeling good, or doing important things. Everyone has red (unhelpful) thoughts and that’s okay. But red thoughts can make us feel sad, more worried, and sometimes more upset than we need to feel. Just because these red thoughts pop into our heads doesn’t mean we have to believe them.

**Green thoughts** are positive, helpful thoughts we can tell ourselves to feel better. Green thoughts help us cope and feel more optimistic. However, it is important that green thoughts are also realistic. For example, “I’m a terrible painter” should not just be turned into “I’m a fantastic painter.” Rather, some more realistic alternatives might be: “I can try really hard to paint, and improve if I work at it. Nobody is born a great painter, it takes practice. I’m good at lots of other things”. Green thoughts are not about lying to ourselves, but rather they help us to think about things in a more helpful, balanced way. Green thoughts may not make us feel good, but they can often help us feel better.

For further information: Ctrl & Click or type in the address below: [http://www.earlyyears.friendsparentprogram.com/red-thoughts-green-thoughts](http://www.earlyyears.friendsparentprogram.com/red-thoughts-green-thoughts)


**Louise Armstrong**
Student Welfare Officer (SWO)
**Tuckshop News**

**Prep students may now order their lunch from the tuckshop.**

They are **not** allowed to make over the counter purchases for ice blocks.

**Online Ordering**

If you are ordering tuckshop online please make sure that you have updated your student/s class.

*If you can assist at tuckshop, please give us a call as we would really appreciate your help.*

Should you have a problem or cannot make your rostered day, please give the tuckshop a call with as much notice as possible.

**Diane:** (07) 3818 0687  
**Mobile:** (0403) 945 014  
**Tuckshop:** (07) 3381 4335

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**Tuckshop News**

**Term 2 Volunteer Roster**

<table>
<thead>
<tr>
<th>Date</th>
<th>Person(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Thursday 16/06/16</td>
<td>Michelle Handyside</td>
</tr>
<tr>
<td>Friday 17/06/16</td>
<td>Doreen Clement</td>
</tr>
<tr>
<td>Monday 20/06/16</td>
<td>Jessica Williams</td>
</tr>
<tr>
<td>Tuesday 21/06/16</td>
<td>Michelle Handyside</td>
</tr>
<tr>
<td>Wednesday 22/06/16</td>
<td>HELP NEEDED</td>
</tr>
<tr>
<td>Thursday 23/06/16</td>
<td>Doreen Clement</td>
</tr>
<tr>
<td>Friday 24/06/16</td>
<td>Doreen Clement, Michelle Handyside</td>
</tr>
</tbody>
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**PITCH TO POST**

**Wednesday 22nd June 2016**

**PREP TO GRADE 3**

Mini canteen on the oval .....  
Hot drinks, Cold Drinks, Chips, Cookies and Muffins available for purchase between 9am and 11am.

**SENIOR SPORTS DAY**

**Friday 24th June 2016**

**GRADE 4 TO 6**

Canteen on the oval .....  
Pies, Potato Pies, Sausage Rolls, Hot & Cold Drinks, Chips, Cookies, Donuts and Muffins available for purchase all day.

**LOOK**

**STUDENTS IN GRADES 4 TO 6 CANNOT ORDER TUCKSHOP ON THE SENIOR SPORTS DAY**

However, they may buy lunch from the canteen on the oval.
Located in the school hall from 8.00am to 8.45am.

Start saving today!

CASUAL CLEANERS REQUIRED

Collingwood Park State School currently requires **casual** cleaners.

Please forward your covering letter, resume, previous cleaning and work experience, references and availability to:

J. Heron, BSM,
Collingwood Park State School,
P O Box 75, Redbank, Q 4301

Or

Drop it into the school office.

Prior experience is preferable however full training will be provided to successful applicants.